

## Timetable

We will be expecting you **on saturday 18 january 2020** as from 10am onwards.

- 10am opening of the parking area
- 10am opening of registration
- **11am** Start of Kids Givrés (runner from nursery school) 500m
- **11:15am** Start of Kids Givrés (runner from 1st/2nd primary school) 1km
- **11:30am** Start of Kids Givrés (runner from 3rd/4rd primary school) 1km
- 11:50am closure of registration
- **11:55am** start of the Mini-Relais Givrés
- **12pm** start of the Relais Givrés en the Relais Frappés
- 3pm prizegiving for the Mini-Relais Givrés
- Around 5:30pm prizegiving for the Relais Givrés and Relais Frappés (to coincide with the arrival of the last team)
- 8:30pm closure of the changingroom
- 9pm closure of the parking area

### Directions

Exit 6 (Military Hospital of Neder-over-Heembeek) of the Brussels Ring, then follow the signs to the parking area of SOLVAY.

The start line is near the Neder-over-Heembeek Sports Centre

Rue du Petit Chemin Vert - 1120 Brussel  
(Latitude:  $50^{\circ}53'58''$  N · Longitude:  $4^{\circ}23'36''$  E)

## Parking

The parking for the race is INSIDE the grounds of SOLVAY.  
The parking is at 400m from the start line.

Rue de Ransbeek, 310 - 1120 Brussel  
(Latitude:  $50^{\circ}54'03''$  N · Longitude:  $4^{\circ}24'01''$  E)

## Changing rooms and showers

Changing rooms and hot (at least initially...) showers will be available in the Neder-Over-Heembeek sports centre till 8:30pm.  
The changing rooms will be attended.

The organisation declines all responsibility in case of theft, damage or loss occurring in the the changing rooms.

### **Toilets**

Toilets will be available near the start area and in the sports centre interior.

### **Plan**

#### **Race Relais Givrés**

#### **Race Kids Givrés**